

*2018 Leadership Workshop*  
*of the*  
**American Kinesiology Association**

*January 25-27, 2018*



*Marriott Denver Airport at Gateway Park*  
*Denver, CO*

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|   |                        |
|---|------------------------|
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|                              |                             |
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## Past Executive Directors

|                  |           |
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|                                  |   |
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| Melinda Solmon (2014-2016)       | Louisiana State University                        |

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Amelia Lee, Executive Director (Liaison)

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John Bartholomew, University of Texas (2019)  
Derek Smith, University of Wyoming (2020)  
Kathleen Williams, University of North Carolina Greensboro (2021)  
Jason Carter, Michigan Technological University (Liaison)  
Amelia Lee, Liaison, Executive Director

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Karen McConnell, Pacific Lutheran University (2020)  
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Rick Kreider, Texas A&M University (2018)  
William Farquar, University of Delaware (2018)  
Timothy Brusseau, University of Utah (2019)  
Lavon Williams, Guilford College (2020)  
Jayne Jenkins, University of Wyoming (Liaison)  
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### **2018 Annual Workshop Program Committee**

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Lanie Dornier, Tulane University  
Kim Graber, University of Illinois at Urbana-Champaign  
Dan Schmidt, University of Wisconsin-Oshkosh

## THURSDAY, JANUARY 25, 2018

- 7:00AM-8:00AM **Breakfast Buffet (Snowmass Room)**  
(Must be a hotel guest and present a voucher)
- 8:00AM-11:30AM **AKA Board Meeting (Massive/Sopris/Elbert Rooms)**
- 11:00AM-12:00PM **Registration (Foyer outside Pre-Workshop Meeting Rooms)**
- \*\*\*\* Pre-Workshop #1 (Challenging People) will be held in Massive/Sopris/Elbert Rooms \*\*\*\*  
\*\*\*\* Pre-Workshop #2 (Best Practices for Internships) will be held in Longs/Pikes Rooms \*\*\*\*
- 12:00PM-12:30PM **Introductions by Session Organizers**
- Pre-Workshop #1: John Bartholomew, University of Texas, Austin
  - Pre-Workshop #2: Mark Urtel and Rafael Bahamonde, IUPUI
- 12:30PM-2:00PM **Pre-Workshop Session 1**
- Pre-Workshop #1: Guiding Principles  
John Bartholomew, University of Texas, Austin  
Sherri L. Sanders, University of Colorado Boulder
  - Pre-Workshop #2: Plenary by Jared Russell, Auburn University and IGNITE sessions
- 2:00PM-2:30PM **Beverage Break and Networking**
- 2:30PM-4:00PM **Pre-Workshop Session 2**
- Pre-Workshop #1: Addressing Faculty & Staff Behavior  
John Bartholomew, University of Texas, Austin  
Sherri L. Sanders, University of Colorado Boulder
  - Pre-Workshop #2: IGNITE sessions and roundtable discussions
- 4:30PM-6:30PM **AKA Board Meeting (Massive/Sopris/Elbert Rooms)**  
\*\*\*DINNER ON YOUR OWN FOR EVERYONE\*\*\*

## FRIDAY, JANUARY 26, 2018

- 7:00AM-8:30AM **Breakfast (Snow Mass/Aspen Rooms)**  
(Must be a hotel guest and present a voucher)
- 8:30AM-10:00AM **Pre-Workshop Session 3**
- Pre-Workshop #1: Difficult Conversations as a Form of Negotiation  
John Bartholomew, University of Texas, Austin  
Sherri L. Sanders, University of Colorado Boulder
  - Pre-Workshop #2: Plenary by Tim Gavin, Purdue University and IGNITE session
- 10:00AM-10:30AM **Beverage Break and Networking**
- 10:30AM-12:00PM **Pre-Workshop Session 4**
- Pre-Workshop #1: Staff Performance  
John Bartholomew, University of Texas, Austin
  - Pre-Workshop #2: IGNITE sessions and roundtable summaries  
Mark Urtel, IUPUI
- 12:00PM-1:00PM **Lunch for Pre-Workshop Attendees Only (Snowmass/Aspen Rooms)**

**2018 ANNUAL WORKSHOP**

- 12:00PM-1:00PM     **Registration (Ballroom Foyer)**
- 1:00PM-1:15PM     **Welcome, Thomas Templin, President (Ballroom)**
- 1:15PM-2:30PM     **Keynote Presentation (Sponsored by Caduceus Int'l Publishing)**  
**Ryan Jenkins, Next Generation Speaker, Atlanta, GA**  
**Next Generation Leadership: Proven Strategies to Engage Millennials**
- Description: A generationally diverse workforce is better equipped to respond to today's high-flux and disruption-prone marketplace. Since Millennials became a majority of the labor force, generational differences have never been wider as each generation has a varying perspective of work, leadership, technology, and selling/buying. In fact, 52% of workers say they are least likely to get along with someone from another generation. Those that learn to lead and engage Millennials (and across generations), will gain the necessary competitive advantage in today's exponential and fast-changing times.
- 2:30PM-2:45PM     **Q & A**
- 2:45PM-2:50PM     **Break**
- 2:50PM-3:50PM     **Innovative Approaches and Issues Related to Teaching/Curriculum**  
**Podium Presentations**  
**Moderator: Jason Carter, Michigan Technological University**
- 2:50PM-3:05PM     **Melinda Solmon, Louisiana State University**  
Dealing with Academic Dishonesty in the World of Technology
- 3:05PM-3:20PM     **Dan Schmidt, University of Wisconsin-Oshkosh**  
CoAES/CAAHEP Accreditation: Worth the Time and Effort?
- 3:20PM-3:35PM     **Melissa Pangeliana, Danielle Wadsworth, James McDonald**  
**& Mary Rudisill, Auburn University**  
Enhancing Student Learning and Research vis Community Engaged Scholarship
- 3:35PM-3:50PM     **Megan MacDonald and Marc Norcros, Oregon State University**  
Learning by Doing (For Us and Them): Creating and Managing an Undergraduate Experiential Learning Requirement at Oregon State University
- 3:50PM-4:05PM     **Q & A**
- 4:05PM-4:30PM     **Break**
- 4:30PM-5:15PM     **Continued Topic on Innovative Approaches and Issues Related**  
**to Teaching/Curriculum**  
**Podium Presentations**  
**Moderator: Kim Graber, University of Illinois**
- 4:30PM-4:45PM     **Gretchen Kerr, University of Toronto**  
Transforming Practicum Experiences in Kinesiology



**FRIDAY, JANUARY 26, 2018**

- 4:45PM-5:00PM      **John Petrella**, Samford University  
A Required Undergraduate Research Curriculum in Kinesiology
- 5:00PM-5:15PM      **Jared Russell & Sheri Brock**, Auburn University  
Developing an Effective Physical Activity and Wellness Program  
(PAWP) Instructional and Administrative Support Program
- 5:15PM-5:30PM      **Q & A**
- 5:30PM-6:15PM      **Panel Presentation: Teaching Kinesiology in the 21st Century**  
**Moderator: Lanie Dornier**, Tulane University  
**Panel: Jeffrey Fairbrother**, University of Tennessee  
          **David Bassett**, University of Tennessee  
          **Phil Martin**, Iowa State University  
          **Lynne Panton**, Florida State University  
          **Ann Swartz**, University of Wisconsin-Milwaukee
- 6:15PM-6:30PM      **Q & A**
- 6:30PM-8:00PM      **RECEPTION (Snowmass/Aspen Rooms) - CASH BAR**

**SATURDAY, JANUARY 27, 2018**

- 7:00AM-8:00AM      **Breakfast (Must be a hotel guest and present a voucher)**  
**(Snowmass/Aspen Rooms)**
- Poster Presenters—Set up Posters**
- 8:00AM-8:40AM      **Keynote Presentation (Ballroom)**  
**Moderator: Thomas Templin**, University of Michigan  
**Speakers: Melissa Gross and Peter Bodary**, University of Michigan

**Helping Faculty Improve Teaching: Innovative Models of Instruction**

Description: For success in the 21st century, Kinesiology undergraduate students need to develop skills and competencies beyond domain-specific knowledge. The traditional lecture-based classroom may no longer be sufficient to meet the needs of contemporary students, and innovative practices that engage students and help them develop the skills required for success in the 21st century are needed. In this presentation, three different pedagogical approaches to enhance student engagement will be examined: active learning, blended learning and gameful learning. For each approach, examples from a Movement Science curriculum will be described, as well as benefits for student learning and challenges for faculty innovators.

- 8:40AM-8:55AM      **Q & A**

**SATURDAY, JANUARY 27, 2018**

8:55AM-9:15AM

**Lead Presentation**

**Moderator:** Thomas Templin, University of Michigan

**Speakers:** Karen Meaney and Duane Knudson  
Texas State University

Promoting Active Learning Instruction and Research in  
Kinesiology Departments

9:15AM-9:30AM

**Q & A**

9:30AM-10:15AM

**Break and Poster Session**

**Moderator:** Dan Schmidt, University of Wisconsin-Oshkosh

**Poster #1:** Rebecca Schultz, University of Sioux Falls, #CooPhys Culture for Service

**Poster #2:** Ray Thompson, University of South Carolina  
EXSC 401: Making the Transition to Post-baccalaureate Life

**Poster #3:** Chad McEvoy, Steve Howell, and Todd Gilson, Northern Illinois University  
Professional Development in Kinesiology/Exercise Science Programs

**Poster #4:** Diana Sturges and Jody Langdon, Georgia Southern University  
Making the Case for Scholarship of Teaching and Learning (SoTL)

**Poster #5:** Heather Van Mullen, Lewis-Clark State College  
Who am I? Strategies for Teaching about Power and Privilege in a  
Kinesiology Class

**Poster #6:** Vanessa Yingling, California State University, East Bay, Undergraduate  
Research and Service-Learning Programs in a Kinesiology Program at a  
Teaching University

**Poster #7:** Harald Barkhoff, University of Hawaii-Hilo  
Uluakea & Hawaii Papa O Ke Ao Indigenizing Kinesiology

**Poster #8:** Nicole Smith, California State University-Fresno  
Striving to Infuse Innovation into the PETE Curriculum: A Tale of Two Programs

**Poster #9:** Sylvia Goodman, Southern Nazarene University  
An Examination of Ethics Education in Sport Management

**Poster #10:** Nikki Hollett, Jessica Richards, Brenna Cosgrove, Sheri Brock, Auburn  
University; Innovative Approaches to Teacher Development in a PETE Program

10:15AM-11:00AM

**Innovative Approaches and Issues Related to Teaching/Curriculum  
Podium Presentations**

**Moderator:** Mary Rudisill, Auburn University

10:15AM-10:30AM

**Tannah Broman and Joseph Marsit, Arizona State university**  
Letting Go and Narrowing the Focus: Specialized Curriculum for Kinesiology

**SATURDAY, JANUARY 27, 2018**

- 10:30AM-10:45AM **Steve Prewitt and Tara Tietjen-Smith**, Texas A & M University-Commerce,  
Overcoming Barriers of a Rural University
- 10:45AM-11:00AM **Tim Brusseau**, University of Utah  
Benefits and Challenges of Kinesiology as a Pre-Allied Health Degree
- 11:00AM-11:15AM **Q & A**
- 11:15AM-11:30AM **Break**
- 11:30AM-12:30PM **Roundtable Session: Moderator: Jayne Jenkins**, University of Wyoming
- Table 1:** **Charlie Robison**, George Mason University  
“Guess the Ending”: A Strategy to Evoke Student Engagement in a  
Journal Article Discussion
- Table 2:** **James Carson**, University of South Carolina  
Opportunities for Undergraduate Research at the University of South Carolina
- Table 3:** **Ting Liu and Lisa Lloyd**, Texas State University  
Promotion Hand-On Learning for Undergraduate Students through Service-Learning
- Table 4:** **Stephen Coulon and Michelle Moosbrugger**, Springfield College  
Home School Physical Education as Service Learning
- Table 5:** **John Dobson**, Georgia Southern University  
Retrieval Practice Enhances Higher-Order Thinking in Kinesiology Students
- Table 6:** **Lara Duke**, Douglas College  
Developing an Integrated Movement Analysis Curriculum
- Table 7:** **Chad Killian and Amy Woods**, University of Illinois  
Using Flipped Instruction to Expand and Enhance Learning
- Table 8:** **Lisa Hicks**, University of Indianapolis  
The Wide World of Kinesiology: Mentoring & Advising Undergraduate Students  
through their Career Preparation
- Table 9:** **Cassandra Ledman, Tim Gavin, and Lan Yahiro**, Purdue University,  
Setting Students Up for Success: Advancement in Exercise Science Curriculum
- Table 10:** **La’Joya Orr**, University of Michigan  
Inclusive Programming in Times of Social Unrest on Campus
- Table 11:** **Diana Sturges**, Georgia Southern University  
Assessing and Enhancing Metacognition in Kinesiology Students
- Table 12:** **Mallory Marshall and Rebecca Rogers**, Samford University,  
Assessment of Undergraduate Research in Kinesiology
- Table 13:** **Carla Murphy**, Delta College  
Flipping Out in Exercise Physiology

**SATURDAY, JANUARY 27, 2018**

12:30PM-1:30PM      **LUNCH (Snowmass/Aspen Rooms)**

**Lunch Meetings for AKA Committees**

1:30PM-2:00PM      **Keynote Presentation**

**Moderator:**    **Kim Graber**, University of Illinois

**Speaker:**      **Wojtek Chodzko-Zajko**  
**Dean of the Graduate School**, University of Illinois  
Getting to the Core of the Matter: The Establishment of a  
Common Curriculum in Kinesiology

Description: Several years ago, the AKA identified the following elements as central to the core of our discipline (1) Physical activity in health, wellness, and quality of life; (2) Scientific foundations of physical activity; (3) Cultural, historical and philosophical dimensions of physical activity; (4) The practice of physical activity. This presentation will review the process used to identify the core elements in Kinesiology and discuss the mapping and assessment of undergraduate student learning outcomes in relation to the AKA core.

2:00PM-2:15PM      **Q & A**

2:15PM-3:00PM      **Panel Presentation**

What is the Bigger Context in a Kinesiology Curriculum?

**Moderator:**    **Jason Carter**, Michigan Technological University

**Panel:**            **Barry Braun**, Colorado State University  
**Matt Hickey**, Colorado State University  
**Nancy Williams**, Pennsylvania State University  
**Carol Ewing Garber**, Teacher's College, Columbia University

3:00PM-3:15PM      **Q & A**

3:15PM-3:30PM      **Break**

3:30PM-4:15PM      **Curriculum, Research, and Other Issues in Undergraduate Education**

**Podium Presentations**

**Moderator:**    **Dana Brooks**, West Virginia University

3:30PM-3:45PM      **Erica Taylor**, Delaware State University  
Developing a Strong Curriculum Based on the AKA Core

## SATURDAY, JANUARY 27, 2018

- 3:45PM-4:00PM      **Knolan Rawlins**, Delaware State University  
Perceptions of Group Work and Peer Assessment
- 4:00PM-4:15PM      **Janelle Handlos**, University of Montana Western  
Teaching Kinesiology in the X1 Block Schedule
- 4:15PM-4:30PM      **Q & A**
- 4:30PM-4:45PM      **AKA Leadership Institute**  
**Jason Carter**, Michigan Technological University  
**John Bartholomew**, University of Texas, Austin
- 4:45PM-5:15PM      **Summary Keynote**
- Moderator:** **Thomas Templin**, University of Michigan
- Speaker:** **Jim Morrow**, University of North Texas  
Kinesiology Undergraduate Preparation: 1965-2018

Description: This presentation will provide a review of the conference and the various themes that emerged about undergraduate education in Kinesiology.

- 5:15PM-5:30PM      **Transfer of Leadership (Tom Templin, Jason Carter, Mary Rudisill)**
- Overview of 2019 Workshop Theme (Jason Carter)**
- 5:30PM-6:30PM      **Reception (Snowmass/Aspen Rooms)**
- 6:30PM-8:00PM      **Dinner/Awards — Thomas Templin, MC (Ballroom)**
- Presentation of AKA leadership awards and fun!

## SUNDAY, JANUARY 28, 2018

- 6:00AM-8:00AM      **Breakfast Buffet (Snowmass/Aspen Rooms)**  
(Must be a hotel guest and present a voucher)
- 7:00AM-9:00AM      **AKA Steering Committee Meeting**  
**(Executive Committee & Committee Chairs)**

## GET TO KNOW OUR KEYNOTE SPEAKERS

### **Ryan Jenkins**

Ryan Jenkins is an internationally recognized keynote speaker and author of the book, *The Millennial Manual: The Complete How-To Guide to Manage, Develop, and Engage Millennials at Work*. He helps organizations gain clarity around Millennials and Generation Z so that leaders can effectively lead, engage, and sell in today's multigenerational marketplace. Ryan has been featured in *Forbes*, *Fast Company*, *Inc.*, and *SUCCESS Magazine*. Ryan's blog, podcast, and *Inc.com* column inspire and equip thousands of people every week. Ryan's passion, experience as a Millennial himself, and his fresh and forward-thinking approach to generations have made him one of the most highly sought after generational and future of work keynote speakers. Ryan is also a Partner at 21Mill.com, a micro-learning training platform dedicated to helping Millennials perform better at work. When Ryan is not speaking and writing, you can find him sampling craft beers from around the U.S. or religiously cheering on the Denver Broncos with his wife, 2 children, and yellow Labrador from their home in Atlanta, GA.

### **James Morrow**

James R. Morrow, Jr. is a Regents Professor Emeritus in the Department of Kinesiology, Health Promotion, and Recreation at the University of North Texas. His background is in research and evaluation methodology, having conducted research on fitness testing and taught measurement, research, and evaluation courses for more than 40 years. He has published more than 150 manuscripts, chapters, and 4 textbooks. His co-authored measurement text, *Measurement and Evaluation in Human Performance*, is in its 5th edition. He presented his research annually before national and international audiences. He has served on the FitnessGram® Advisory Committee for more than 30 years. He previously served a 4-year term on the President's Council on Physical Fitness and Sports Science Board as member and then Chair. Morrow is a Fellow in the American College of Sports Medicine, the National Academy of Kinesiology (for which he was President in 2003-2004), the Research Fellow of SHAPE America, and the North American Society of Health, Physical Education, Recreation, Sport and Dance Professionals. He was the Editor-in-Chief of the *Research Quarterly for Exercise and Sport* (1989-1993) and founding Co-Editor (with Steven N. Blair) of the *Journal of Physical Activity & Health* (2004-2006). He has received numerous state and national awards for his research and service activities. Honors include the AAHPERD Scholar, AAHPERD McCloy Lecturer, AAHPERD RQES Lecturer, the AAHPERD Research Consortium Distinguished Service Award, the Measurement and Evaluation Council Lifetime Achievement Award, TAHPERD's David K. Brace Award, SDAHPERD Scholar, TAHPERD Honor Award, the AAHPERD' RQES Writing Award (3 times), and the National Academy of Kinesiology's Hetherington Award. He has been Principal or Co-Investigator on research awards funded for approximately \$8,000,000.

## **Wojtek Chodzko-Zajko**

Wojtek Chodzko-Zajko earned a bachelor's degree in Education from the University of London and a Ph.D. degree in Kinesiology from Purdue University. Chodzko-Zajko's primary research interests are in the area of aging and health. He is the Shahid and Ann Carlson Khan Endowed Professor of Applied Health Sciences and Dean of the Graduate College at the University of Illinois.

In his role as Dean of the Graduate College, Chodzko-Zajko leads campus efforts in setting policies, defining standards, and enabling excellence in graduate programs, graduate research, and graduate student life. With graduate programs in more than 100 disciplinary areas, the Graduate College at the University of Illinois fosters a vibrant campus community of scholars. Graduate students and faculty at Illinois enjoy an intellectual environment that reaches across the Arts, Sciences, Humanities, Social Sciences, and Engineering to create, challenge, and transform knowledge.

In his professional life, Chodzko-Zajko remains active in the dissemination of information about healthy aging through his work on several major professional advisory boards. He served on the World Health Organization committee that developed the WHO Guidelines for Physical Activity among Older Persons. Chodzko-Zajko was the Principal Investigator for a series of projects charged with developing a national strategy for promoting healthy aging in the USA. The National Blueprint: Increasing Physical Activity among Adults Age 50 and Older serves as a guide for multiple organizations, associations, and agencies, to inform and support their planning work related to increasing physical activity among America's aging population. Chodzko-Zajko chaired the writing group that authored the American College of Sports Medicine's Position Stand on Physical Activity and Exercise for Older Adults. He currently serves on the Executive Committee of the AAU Association of Graduate Schools and on the Board of Directors of the GRE.

Chodzko-Zajko was the founding Editor of the Journal of Aging and Physical Activity from 1992-2002. He served as Chairman of the Board of Directors of the American Council on Exercise and is a Past-President of the American Kinesiology Association.

## **Melissa Gross**

Melissa Gross is a faculty member in the Department of Movement Science in the School of Kinesiology at the University of Michigan. A biomechanist by training, she investigates the effects of emotion and mood disorders on body movements. Dr. Gross is also interested in digital technologies and education, and serves as the Director of Innovative Teaching and Learning in the School of Kinesiology. In 2014, she was awarded the Arthur F. Thurnau Professorship in recognition for her distinguished accomplishments in undergraduate education at the University of Michigan.

## **Pete Bodary**

Pete Bodary is a clinical faculty member in the Departments of Movement Science and Health & Fitness in the School of Kinesiology at the University of Michigan. He teaches courses related to exercise physiology at all academic levels (100-level through graduate) within the School of Kinesiology and is the director of the Graduate Certificate in Physical Activity and Nutrition offered in conjunction with the School of Public Health Nutrition Program. His interests beyond teaching and learning include the importance of physical activity in reducing chronic disease and the evaluation of wearable technology for improving health and athletic performance.

## NOTES



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**Join us next year in Phoenix, AZ  
January 24-27, 2019  
Hilton Phoenix Airport**

**Past Workshop Themes and Locations**

- 2008 Leadership and Strategic Planning Workshop (Chicago, IL)
- 2009 Re-examining the Undergraduate Core Competencies for Kinesiology (Orlando, FL)
- 2010 Issues and Strategies for Advancing Kinesiology in Challenging Times (Dallas, TX)
- 2011 Managing Growth While Maintaining Discipline Focus (Dallas, TX)
- 2012 Branding Kinesiology at Your Institution (Dallas, TX)
- 2013 Diversity Enhancement in Kinesiology (Orlando, FL)
- 2014 The Future of Teaching and Learning in an Online World (San Jose, CA)
- 2015 The Intersection of Physical Activity and Public Health: Opportunities for Kinesiology (Charlotte, NC)
- 2016 Innovation and Entrepreneurship in a Time of Shrinking Budgets (San Antonio, TX)
- 2017 Advantages and Challenges of Partnerships and Relationships (Dallas, TX)





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