

ABOUT AKA

The American Kinesiology Association (AKA) promotes and enhances kinesiology as a unified field of study and advances its many applications. AKA does this by advocating for kinesiology at national and international levels, and by supporting member departments through educational opportunities and resource materials, including an annual workshop for university administrators in kinesiology. This annual AKA Leadership Workshop is widely regarded as the nation's premiere conference for kinesiology department chairs, deans, and faculty who assist with the administration of kinesiology programs.



American Kinesiology Association

P.O. Box 721
Mahomet, IL 61853

Phone: 217-800-1156
Fax: 217-590-0528
E-mail: staff@AmericanKinesiology.org



"Leadership and learning are indispensable to each other."

- John Fitzgerald Kennedy



AKA Leadership Institute:

Emerging Leader Fellow Program



American Kinesiology Association
Promoting and enhancing kinesiology as a unified field of study.



AKA LEADERSHIP INSTITUTE

Building upon the success of the AKA Leadership Workshop, we introduced the **AKA Leadership Institute** in 2019. The Leadership Institute utilizes a mentoring model to provide exceptional training and networking for new department chairs, associate chairs, and emerging faculty leaders who aspire to advance toward administrative positions in the near future. This 12-month program includes: 1) two in-person, group sessions held in conjunction with the annual AKA Leadership Workshop, 2) bi-monthly webinars with other fellows and a facilitator to discuss a leadership topic, and 3) bi-monthly one-on-one calls with a senior mentor to discuss a case scenario relating to the prior month webinar (~30 min) and to seek input on local challenges and career development (~30 min). Key resource materials, often in the form of peer-review publications (i.e. *Kinesiology Review*, *Quest*, etc.) or case studies, will be provided prior to webinars and other sessions. Mentors are assigned in consultation with each fellow.

To ensure high quality programming, we limit the number of fellows to 10 per year and maintain a ratio of no more than 2:1 fellow-to-mentors. Applications are due May 31, 2019. Decisions will be finalized at the summer Executive Committee retreat (i.e., June/July), and the fellowship will officially begin each year at the AKA Leadership Workshop held at the end of January.

If you have any questions, please contact AKA Leadership Institute co-directors Dr. Jason Carter (jcarter@mtu.edu) or Dr. John Bartholomew (jbart@austin.utexas.edu).

PROGRAM OVERVIEW AND TIMELINE

November 2019

Webinar #1: History and Challenges Faced by Kinesiology (90 min)

January 2020

- Welcome and Introductions
- Fellow Session 1: Kinesiology the discipline vs. kinesiology the department
- Fellow Session 2: University structure and unit budget models
- Fellow Session3: Understanding national trends in kinesiology and higher education
- Fellow Session 4: General leadership characteristics, and the role of shared governance
- Fellow Session 5: Transitioning to chair; same institution vs. new institution
- Fellow Session 6: Legal issues and pitfalls
- Social/Reception for fellows, mentors, and AKA Executive Committee
- Fellows provide prioritized list of one-on-one mentor for the next 12 months

Bi-Monthly Fellow Webinars

Six additional 90 min sessions facilitated by a senior mentor in the months of February, April, June, August, October, December

Webinar #2: Developing, Implementing, and Assessing a Department Strategic Plan (90 min)

Webinar #3: Aligning Degree Programs with the AKA Undergraduate Core Curriculum Recommendations (90 min)

Webinar #4: Embracing Entrepreneurship and Innovation in Kinesiology (90 min)

Webinar #5: Determining Priorities and Providing Support for Faculty, Staff, and Students (90 min)

Webinar #6: Building and Supporting Diversity & Inclusion (90 min)

Webinar #7: Balancing Your Administrative and Faculty Responsibilities (90 min)

Bi-Monthly Calls w/ Personal Senior Mentor

Minimum of five 60 min one-on-one sessions facilitated by a personal senior mentor

PROGRAM TIMELINE CONT.

January 2021 **AKA Pre-Workshop** (optional)

Lunch prior to AKA Leadership Workshop

- Reflecting on lessons learned and take home messages
- Developing next steps for continued professional development

AKA Leadership Workshop—includes recognition and certificate of fellow program completion

Exit Interview w/ AKA Executive Director and AKA Leadership Institute organizers

APPLICATION REQUIREMENTS

- 1) Cover letter detailing motivation and commitment to the fellowship, and outlining source of funding for the fellowship
- 2) Curriculum vitae
- 3) Three letters of support, including one from Dean/supervisor

Send application materials to Kim Scott (staff@AmericanKinesiology.org) by May 31, 2019.

COSTS OF PROGRAM

- 1) \$750 program fee
- 2) Registration/travel to the applicable pre-workshops and workshops

